## santam

# START/FINISH: BOWLS CLUB <br> 42.2 km / 21.1 km (6:00) $10 \mathrm{~km} / 5 \mathrm{~km}$ (6:15) 

$$
\text { FEB } 2024
$$

Entry forms available on: www.bieliemielie.co.za / www.entryninja.com.

- Comrades/Two Oceans Qualifier
- Start/Finish - Sarel Cilliers Street
- Temporary licenses available
- Medal to all finishers


#  

|  | OPEN <br> 42.2 km | OPEN <br> 21.1 km | OPEN <br> 10 km | FUN RUN <br> 5 km |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{1}^{\text {ST }}$ | R2 500 | R1500 | R500 | - |
| $2^{\text {ND }}$ | R1500 | R750 | R350 | - |
| $3^{\text {हD }}$ | R750 | R350 | R250 | - |

## SANTAM BIELIEMIELIE

## Race presented in accordance to the WA, ASA, AFS rules.

# 42.2 KM • 21.1 KM • $\mathbf{1 0}$ KM • 5KM Fun Run Entry Form 

Completed entry form accompanied with proof of payment should be sent to hanneliec@vkb.co.za Pre-entries close: 15 February 2024 | Entries and Number Collection at Reitz Bowls Club Saturday 24 February 2024

| Distance: (Mark with X) | 42.2 KM | 21.1 KM | 10 KM | 5 KM |
| :---: | :---: | :---: | :---: | :---: |
| Pre-entries: | R250 | R200 | R120 | R50 |
| Late entries: | R320 | R270 | R200 | R50 |
| Starting time: | 06:00 | 06:00 | 06:30 | 06:30 |
| I need to buy a temporary licence (R70) |  | YES |  | NO |

Name \& Surname:
Age:

| Cell no: | Male/ Female |
| :--- | :--- |

Email:

Emergency Contact no:
Temp/Licence no:
Club:
Nationality:
INDEMNITY WAIVER: By entering this event I undertake to be bound by the rules and regulations of the event including those of IAAF, ASA and AFS. I warrant that I am in good health and am aware of the risks and dangers of the physical nature of this sporting event, and I do oot claim ignorance of these risks and dangers. I hereby accept t that I 1 particicate in the event entirely at my own risk and release and discharge, to the fillest extent allowed in law the organisers of the event, provincial and nationala athe lics bocies and local authorities from any responsibiility, liabiility or costst relating to any injury, loss or damage of whatever nature, however caused, arisisng directly or indirectly from my participation in the event including pre- and post-race diactivities. If further agree end warrant that if if at any time I beelieve conditions to be unsafe, I will immediately discontinue further participation in the activity.
MINOR RELEASE: I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified and in good health and in proper physical condition to participate in such activity and l enter into this indemnity/waiver on behalf of the minor.

Signature (Parent/guardian of minor participant - 18 years and younger):

ONLINE ENTRY: www.entryninja.com

## Prize-giving will take place after each division at the start/finish point

## RULES:

1. 

(Adhere the undermentioned rule 3.)
2. Club athletes dressed in club colours must display a year and official ASA 2 licence number on the front and at the back at all times on their vest (year must be 2023 \& 2024).
3. Temporary licence numbers to be sold at R70 excluding entry fees to individuals not belonging to a club. This is a must for the different races $42.2 \mathrm{~km}, 21.1 \mathrm{~km}$ and 10 km , excluding the 5 km fun run. The temporary number must be worn on the front of the vest.
4. Age restrictions: Minimum age 42 km - 20 years; 21 km - 16 years; 10 $\mathrm{km}-16$ years; 5 km and less -9 years and older.
5. All marshals, traffic authorities and traffic rules must be obeyed. Failing to do so may lead to disqualification.
6. Check point on route. (Keep left at all times.) In case of emergencies, report to the next water point.
7. Evacuation point will be at the starting and finishing point on the Reitz Bowls Club.
8. All walkers and runners participate at their own risk. with the spirit of the race.
14. All winners need to attend prize-giving at 12:00. If not, the athlete needs to inform the head technical official and LOC chairperson of departure.
15. The decision of the organisers will be final and no correspondence will be entered into.
16. Foreign athletes competing for prize money must produce a clearance certificate for their National bodies to compete in SA handed in to the organisers before the event starts.

